

CHRISTIAN WORSHIP CENTER

JANUARY 7-27, 2024

21 DAY JOURNAL



FASTING & PRAYER TIME

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January 7-27, 2024

21 Day Journal – Fasting & Prayer Time

Prepared by Pastor Lynda R. Espinoza

Every year we take time to seek the Lord for 21 days. We purposely set aside this sacred time to Fast and Pray. We ask you to join us corporately as a church but also, please choose individually how you will fast and pray or join us in prayer only.

If you have health issues, please make sure you are cleared by a physician before you choose what type of fast you will be a participate in.

1. Absolute fast – 3 days fasting and prayer no food and no water.
2. Partial Fast – you choose to give up at least two meals and break your fast in the evening.
3. Water Fast – no food; only water.
4. Daniel Fast – 21 days of fruits, vegetables, legumes, nuts; oats; lots of water and 100% juice only – no sugar, no caffeine, no bread, no meat at all. This is based on Daniel Chapter 1 & 10.

There are many recipes on-line these days to help you with food ideas or please feel free to ask the leadership for help.

Pray and decide how you will fast. If you have one bad day – get right back on the fast the next day. When you begin you must drink plenty of water, get plenty of rest and you may have a headache the first day or two. Do not do any heavy work as you will feel very weak. This is a religious sacrifice you are making before God. Seek Him and take time to hear from Him. Do not give up!

Once you choose your fast, please prepare to spend time in prayer as well. This will take you making time to spend with God. Change your daily routine – less TV or whatever robs you of your time with God. Along with prayer, please read the Word, journal, put your worship music on and be prepared for your spiritual awareness to be heightened in regard to how the Holy Spirit will minister to you and through you. It is amazing what takes place when you consecrate yourself to do this for 21 days.

What to Pray for?

Make sure you write out your personal prayer list and desires you would like to present to the Lord for 2024. Here are a few requests on behalf of CWC.

- Seek the Lord specifically for change and advancement in your walk with Him.
- Seek your giftings with the help of the Holy Spirit; be prepared to study them further in the Word; get ready for new understanding.
- Seek the Lord for your family, co-workers, and friends; how can you be used to pray and minister to them?
- Seek the Lord for Kingdom advancement; new salvations, new attendees, new workers, new spiritual and numerical growth!
- Seek the Lord for CWC's finances. God's divine provision and wisdom as we grow and share the gospel even more.
- Pray for the pastors:
 - Pastor Lynda Espinoza
 - Pastor Freddie Espinoza
 - Pastor Rachel Velasquez
- Pray for CWC Leaders/Board Members
 - Rebecca Varela, Secretary
 - Tricia Daniel, Treasurer
 - Frank McGowan, Board Member/Usher's Director
 - Isaac Varela, Worship Leader
 - Monica Rivera, Worship Leader
 - Tony Rivera, Men's Fellowship
 - Pastor Rachel Velasquez, Women's "I See You!"
- Pray for the surrounding community of CWC:
 - Aces School & Staff
 - Large & Small business owners
 - Families that live in our vicinity – For God's love over:
 - Husbands & Wives
 - Children – all ages
 - Single Dads and Moms
 - Restoration of Faith & Hope – that is found in knowing Jesus!

Pray as the Lord directs you! Be bold and use the Word when you declare God's promises over your prayers and the plans that will come forth.

Why the Book of Joshua?

This year I chose our reading to be the book of Joshua. Joshua is a man who loved God and chose to have a personal relationship through spending time in prayer and being taught by Moses to trust and obey God at all times. He was an amazing leader as he and Israel stepped out in faith and faced so many unknowns. He was the one chosen by God, to lead the Israelites into the Promise Land after Moses' death.

There are seven major features in this book. (1) First OT historical book to describe Israel's history as a nation in the region of Palestine. (2) Great insight given as to Joshua being chosen by God to finish the work Moses started. To get God's people to the Promise Land and to be rightly established. (3) Many miracles took place in this book. One being the fall of Jericho (Ch. 6) and the prolonging of daylight hours during the battle at Gibeon (Ch. 10). (4) This book speaks of "Holy War" which were specific missions authorized by God to fulfill His overall plan of salvation throughout human history. (5) This book emphasizes three vital truths about God's relationship to his covenant people. (a) His faithfulness; (b) His holiness and (c) His salvation. (6) It is so important to pass on the testimony and heritage of God's saving acts from one generation to the next. And (7) We are taught to fear the Lord – An example was Achan's sin and punishment (Ch. 7); there were other challenges, warnings and penalties that came forth as well.

When I first became the Pastor of CWC back in 2007 we spent many amazing hours in prayer as a church. I recall God giving me this Word for my life, the life of CWC and I believe this Word is pertinent to your life as well. **In 2024 as we step out in faith and face the unknowns, cling to God's promises for your future.**

Joshua 1:6-9 NLT:

*⁶ "Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. ⁷ Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. ⁸ Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. ⁹ **This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.**"*

FireBible NLT; Study 2021

CWC Journal
Day 1 – January 7, 2024

Bible Reading: ***Joshua Chapters 1 & 2***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 2 – January 8, 2024

Bible Reading: ***Joshua Chapters 3 & 4***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 3 – January 9, 2024

Bible Reading: ***Joshua Chapters 5 & 6***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 4 – January 10, 2024

Bible Reading: ***Joshua Chapter 7***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 5 – January 11, 2024

Bible Reading: ***Joshua Chapter 8***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 6 – January 12, 2024

Bible Reading: ***Joshua Chapter 9***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 7 – January 13, 2024

Bible Reading: ***Joshua Chapter 10***

What scripture(s) stands out in today’s reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 8 – January 14, 2024

Bible Reading: ***Joshua Chapter 11***

What scripture(s) stands out in today’s reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 9 – January 15, 2024

Bible Reading: ***Joshua Chapter 12***

What scripture(s) stands out in today’s reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 10 – January 16, 2024

Bible Reading: ***Joshua Chapter 13***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 11 – January 17, 2024

Bible Reading: ***Joshua Chapter 14***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 12 – January 18, 2024

Bible Reading: ***Joshua Chapter 15***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 13 – January 19, 2024

Bible Reading: ***Joshua Chapter 16***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 14 – January 20, 2024

Bible Reading: ***Joshua Chapter 17***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 15 – January 21, 2024

Bible Reading: ***Joshua Chapter 18***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 16 – January 22, 2024

Bible Reading: ***Joshua Chapter 19***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 17 – January 23, 2024

Bible Reading: ***Joshua Chapter 20***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 18 – January 24, 2024

Bible Reading: ***Joshua Chapter 21***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 19 – January 25, 2024

Bible Reading: ***Joshua Chapter 22***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 20 – January 26, 2024

Bible Reading: ***Joshua Chapter 23***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

CWC Journal
Day 21 – January 27, 2024

Bible Reading: ***Joshua Chapter 24***

What scripture(s) stands out in today's reading:

What observation can I make about that scripture(s)?

How can this reading be applied to my life?

PRAYER – Take time to write a prayer/or say a prayer over your devotion time today.

